

Stenting of benign biliary and pancreatic strictures

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- Post operative strictures
- Chronic pancreatitis strictures
- Others

Biliary stents: models and methods for endoscopic stenting
European Society of Gastrointestinal Endoscopy (ESGE)
Technology Review
J.-M. Dumonceau¹, A. Tringali², D. Blero³, J. Deviere⁴, R. Laugier⁵, D. Heresbach⁶, G. Costamagna⁷ Endoscopy 2011

Biliary stenting: Indications, choice of stents and results: European Society of Gastrointestinal Endoscopy (ESGE) clinical guideline
J.-M. Dumonceau¹, D. Heresbach², J. Deviere³, G. Costamagna⁴, U. Beilenhoff⁵, A. Riphaus⁶ Endoscopy 2012

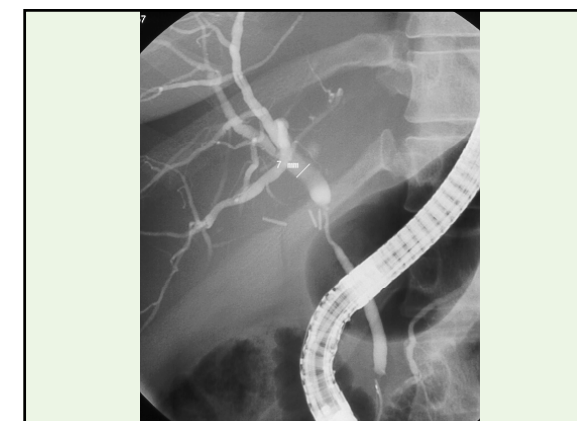
Endoscopic treatment of chronic pancreatitis: European Society of Gastrointestinal Endoscopy (ESGE) Clinical Guideline
J.-M. Dumonceau¹, M. Delhaye², A. Tringali³, J. E. Dominguez-Munoz⁴, J.-W. Poley⁵, M. Arvanitaki⁶, G. Costamagna⁷, F. Costea⁸, J. Deviere⁹, P. Esendath¹⁰, S. Lakhtakia¹¹, N. Reddy¹², P. Fockens¹³, T. Ponchon¹⁴, M. Bruno¹⁵ Endoscopy 2012

<http://www.esge.com/esge-guidelines.html>

Post operative biliary strictures

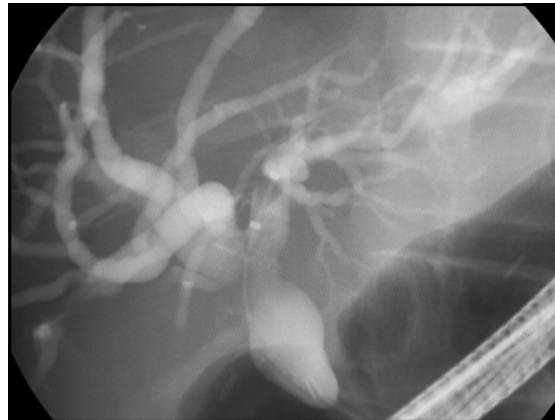
50 year old female

- 2012: iterative post prandial epigastric pain radiating to the back
- 01/2013: diagnosis of gallbladder stones by US
- 03/2013: laparoscopic cholecystectomy
- 12/2013: itching, jaundice and cholestasis. MRCP: dilated CBD above a stricture near the cystic duct remnant



73 year old male

- Cirrhosis from NASH and hepatocarcinoma
- 2/2011: liver transplantation
- 09/2013: cholestasis and itching, dilatation of intrahepatic bile ducts at MRCP
- ERCP:



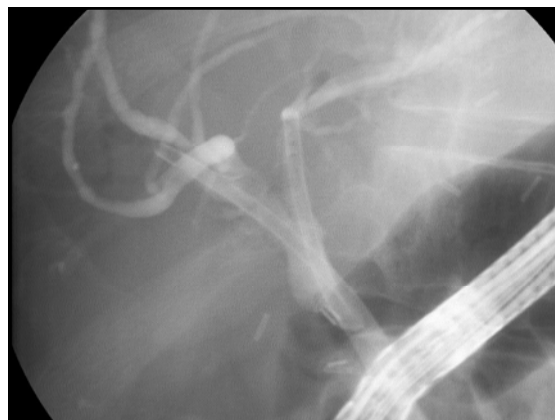
Q12. What is your proposal ?

- A. Send the patient to surgeons for hepaticojejunostomy
- B. Perform balloon dilatation 8 mms only
- C. Dilate and insert plastic stents
- D. Place a totally covered Wallflex 8 cms long

Question 12

25%	1. Answer A
25%	2. Answer B
25%	3. Answer C
25%	4. Answer D

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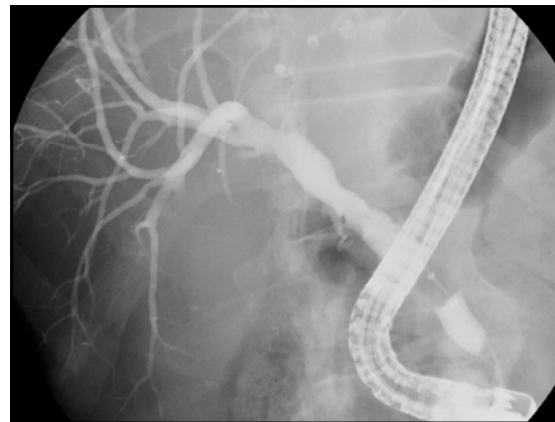
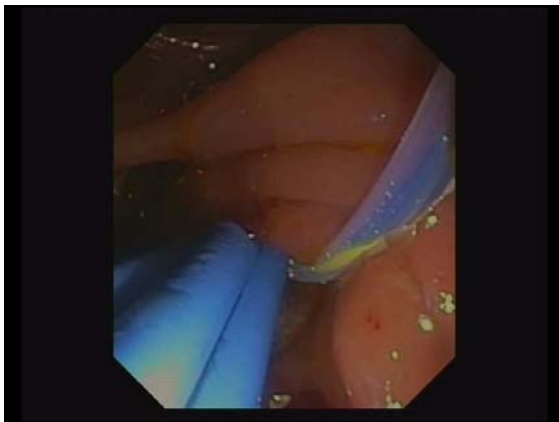
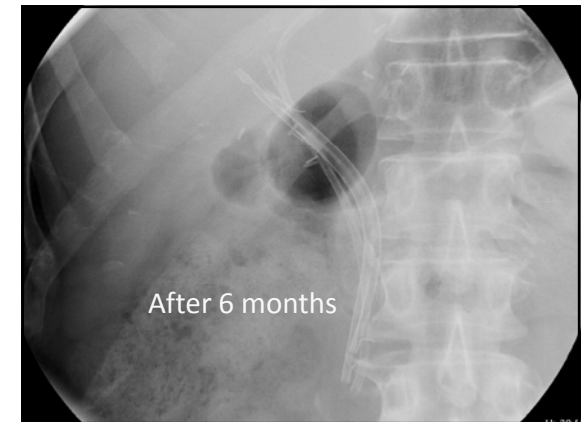
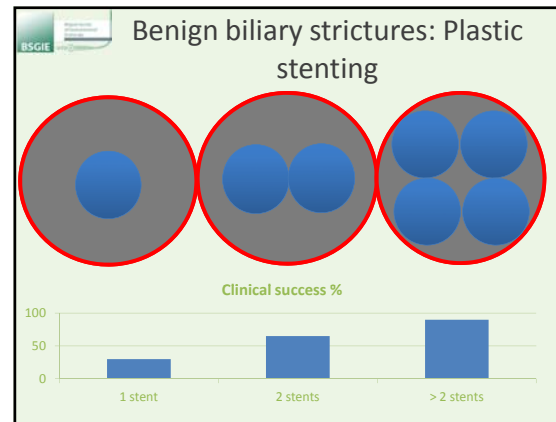
Q13. What is your plan ?

- A. Replace the 2 stents in 3 months, doing this for 2 years
- B. Planning 1 year stenting with replacements and increasing number of stents
- C. Wait for recurrent cholangitis for stent exchange
- D. Remove the stents after 6 months

Question 13

- 25% 1. Answer A
- 25% 2. Answer B
- 25% 3. Answer C
- 25% 4. Answer D

10



Q14. What do you tell to the patient ?

- A. He(she) has a 50% chance of longterm success
- B. He(she) has a 30% chance of recurrence within 1 year
- C. He(she) has 10-20% chance of recurrence within 3-5 years
- D. No chance of recurrence

Question 14

- 25% 1. Answer A
- 25% 2. Answer B
- 25% 3. Answer C
- 25% 4. Answer D

10

Pooled data of series (BBS)

Disease	Success at 1 yr	Longterm recurrence
Post Cholecystectomy	74 – 90 %	11 %
Post Transplantation (A)	70 – 100 %	18 %

A: anastomotic

Zepeda S et al. *Nat Rev Gastroenterol Hepatol.* 2011;8:573
 Van Boeckel et al. *BMC Gastroenterology* 2009;9:96
 Costamagna et al. *GIE* 2001;54:162
 Costamagna et al. *GIE* 2010;72:551
 Draganov et al. 2002;55:680
 Tabibian et al. *GIE* 2009;69:1236
 Catalano, *GIE* 2004; 60: 945

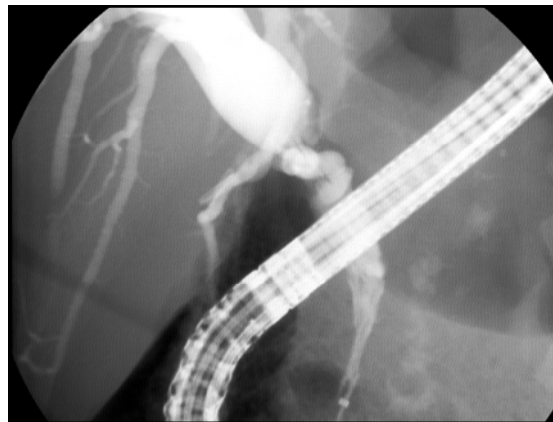
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Bilio-pancreatic strictures in chronic pancreatitis

55 yo male

- Chronic pancreatitis with tail pancreatectomy and splenectomy in 2006
- 12/2012: cholangitis due to CBD stricture treated by 2 plastic stents
- 10/2013: acute on chronic pancreatitis with dilated remnant pancreatic duct
- ERCP:



Q15. What will you do ?

- A. Place 1 plastic stent in the pancreas and a fully covered Wallflex in the bile duct
- B. Send the patient to surgeons for bilio-pancreatic diversion
- C. Place one stent in the pancreatic and bile duct for one year
- D. Place multiple stents in the pancreatic duct and in the bile duct for one year

Question 15

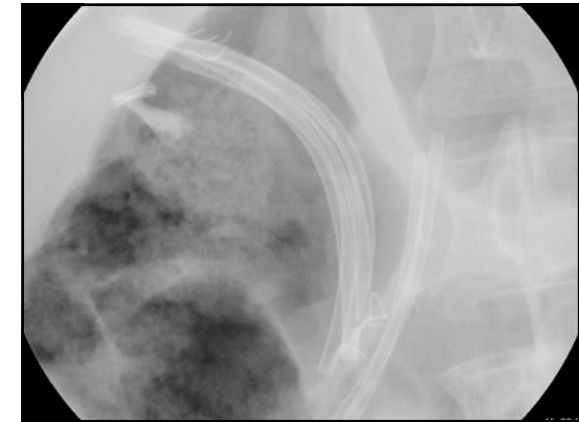
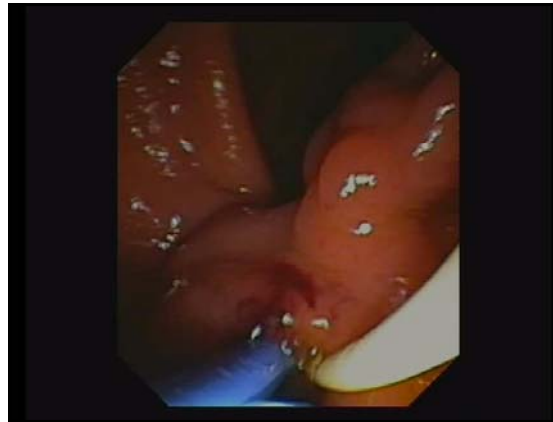
25% 1. Answer A

25% 2. Answer B

25% 3. Answer C

25% 4. Answer D

10



Pooled data of series Bile Duct Strictures in CP

Disease	Success at 1 yr	Longterm recurrence
Post Cholecystectomy	74 – 90 %	11 %
Post Transplantation (A)	70 – 100 %	18 %
Chronic pancreatitis (1 stent)	12-38 %	
Chronic pancreatitis (x stents)	92 %	

A: anastomotic

Zepeda S et al. *Nat Rev Gastroenterol Hepatol.* 2011;8:573
Van Boeckel et al. *BMC Gastroenterology* 2009;9:96
Costamagna et al. *GIE* 2001;54:162
Costamagna et al. *GIE* 2010;72:551
Draganov et al. 2002;55:680
Tabibian et al. *GIE* 2009;69:1236
Catalano, *GIE* 2004; 60: 945

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Pooled data of series Pancreatic Duct Strictures

Disease	Clinical Success on the long-term
Chronic pancreatitis (1 stent) for 6 months	30-50%
Chronic pancreatitis (1 stent) for 2 years	60-70%
Chronic pancreatitis (multiple stents) for 1 year	84%

1. Cremer M. et al. *Endoscopy* 1991;23:171-6
Ponchon T. et al. *GIE* 1995;
Cohen et al. *NEJM* 2007;
2. Eleftheriadis N. et al. *Endoscopy* 2005;
3. Costamagna G. et al. *Endoscopy* 2006;

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Current Gold Standards in 2014

- Benign post operative biliary strictures:
 - Multiple plastic stenting for one year up to anatomic restoration
- Benign biliary & pancreatic strictures related to chronic pancreatitis:
 - Multiple plastic stenting for one year up to anatomic restoration

**Q16. IS THERE A PLACE TODAY FOR
FULLY COVERED SEMS IN DAILY
PRACTICE?**

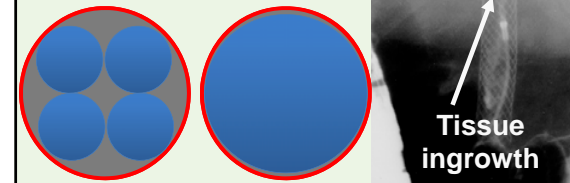
1. NO
2. YES

NO !
**OUTSIDE OF PROSPECTIVE /
RANDOMIZED TRIALS**

The rationale for SEMS in benign strictures

- One step maximal dilatation (33 Fr = 10 mm)
- Easier procedure
- Longer stent patency
- Less ERCPs/Anesthesia/Hospital

Potential cost/benefit



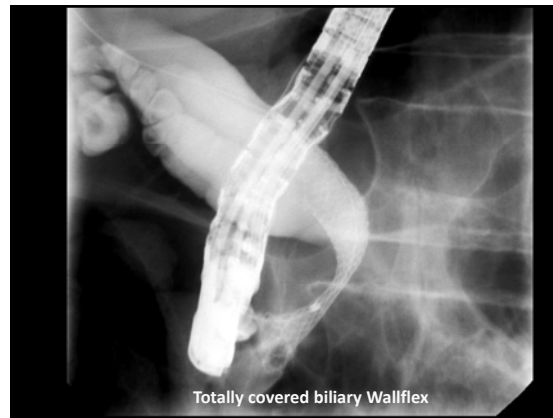
**Role of sems in benign strictures ?
Initially for failure of plastic stenting**

Type of SEMS	period	Short-term patency	Long-term patency
Uncovered	1999-1999 (4)	70 %	0 % (embedded)
Partially covered	2002-2006 (2)	77 %	Removal after 4 months
Fully covered	currently		

1. O'Brien SM, et al. Eur J Gastroenterol Hepatol 1998;10(2):141-5.
Deviere J, et al. Gut 1994;35(1):122-6.
Van Berckel AM, et al. Endoscopy 2004;36(5): 381-4.
Eickhoff A, et al. Z Gastroenterol 2003; 41(7):649-54.
Dumonceau JM, et al. Gastrointest Endosc Clin N Am 1999;9(3):541-45.
Eisendrath P, et al. Gastrointest Endosc Clin N Am 1999;9(3):547-54.
2. Kahaleh M, et al. Gastrointest Endosc 2004;60(4):640-4.
Shin HP, et al. Endoscopy 2006;38(12):1250-5.
Familaro P, et al. Gastrointest Endosc 2005;62(6): 903-10.
Trentino P, et al. Gastrointest Endosc 2004;59(2):321-3.
Cantu P, et al. Endoscopy 2005;37(8):735-9

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Totally covered biliary Wallflex

FCSEMS in benign biliary strictures

1. Review paper from Kaffes et al. GIE 2013; 78: 13- (> 300 patients)
2. Large multicenter US study from Kahaleh et al. J Clin Gastroenterol 2013;47:695-
3. Large multicenter worldwide study from Deviere et al. Gastroenterology 2014; May

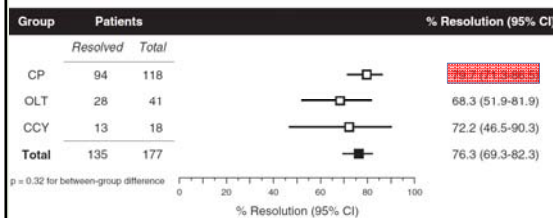
TABLE 3. Use of fully covered self-expandable metal stents in benign biliary strictures

Study	Method	Stent type	Pt. no.	In situ	Success %	Adverse events %	Migrations %	Reinsertion %	Follow-up
Tarantino et al. ¹	Prospective multicenter	8 x 5 Conix	42	Mixed	90.3	1.6	24.2	7	16
Sauer et al. ²	Prospective single center	Wallflex	19	OLT	78.9	15.8	31.6	5.2	12
Moon et al. ³	Prospective single center	Boston Scientific	21	Mixed	95.2	0	18.0	4.8	13.8
Poley et al. ⁴	Prospective single center	Hanaro	23	Mixed	100	0	4.3	Unknown	15
Vargiuoli et al. ⁵	Retrospective single center	Albion BS	17	OLT	100	35.3	23.5	11.8	100
Park et al. ⁶	Prospective multicenter	AF-M Tech	43	Mixed	84	27.9	16.3	13.6	4
Hu et al. ⁷	Prospective single center	Micro-Tech	13	OLT	92.3	7.7	0	6.3	12.1
Park et al. ⁸	Prospective single center	Anchor Biliary Stent	33	Mixed	93.9	0	6.1	0	15
Garcia-Pajares et al. ⁹	Retrospective single center	Not stated	22	OLT	95.5	40.9	22.7	4.5	12.5
Traina et al. ¹⁰	Prospective single center	Nilo-S Conix	16	OLT	87.5	6.3	37.5	7.1	6
Mahajan et al. ¹¹	Prospective single center	Zoro-Vital	44	Mixed	82.9	27.3	4.5	Unknown	10
Cohen et al. ¹²	Prospective single center	Hanaro	6	CP	66.7	33.3	33.3	0	16

Successful Management of Benign Biliary Strictures With Fully Covered Self-Expanding Metal Stents

Deviere et al. [Gastroenterology](#). 2014 Aug;147(2):385-95

187 patients; stent indwell for 6-12 months; FUP: 20 months



Successful Management of Benign Biliary Strictures With Fully Covered Self-Expanding Metal Stents

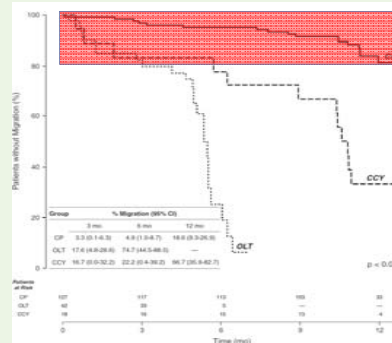
Deviere et al. [Gastroenterology](#). 2014 Aug;147(2):385-95

187 patients; stent indwell for 6 (OLT)-12 (Others) months; FUP: 20 months

Complications	
Stent migration	29,4%
Cholangitis/fever	13,9%
Abdominal pain	5,3%
Removal failure (1st attempt)	4%
Cholecystitis	3,0%
Pancreatitis	2,7%

Successful Management of Benign Biliary Strictures With Fully Covered Self-Expanding Metal Stents

Migration rate according to the etiology of BBS



Summary for fcsems in bile ducts

- FCSEMS are removable even after 12 months indwell (96% at the first attempt)
- FCSEMS have the propensity to migrate (10-30%)
 - Migration dramatically reduces the success of stricture resolution
 - Migration rate depends on underlying disease/stricture location/stent properties
 - Migration rate decreases the foreseen cost effectiveness
- FCSEMS compare favorably with plastic stents **only** in CP related BBS
- Complications with indwell of more than 12 months are unknown





Take home messages

- Multiple plastic stenting is the gold standard for calibration of benign biliary and pancreatic strictures
- Fully covered SEMS are **not** an alternative and should not be used in these indications outside of well designed clinical trials